



ASSOCIATE OF APPLIED SCIENCE (AAS)

MASSAGE THERAPY

Minimum required credits for AAS: 62

| | | | | |
|-----------|-------|------------|---------|------------|
| LAST NAME | | FIRST NAME | | STUDENT ID |
| DATE | MAJOR | | ADVISOR | |

Campus Requirement:

| School Taken | Term Taken | Course Name | Credit | Complete | Grade |
|-----------------------|------------|--|----------|----------|-------|
| | | UNIV 100 College Strategies or 101 College Transitions | 1 | | |
| Total Credits: | | | 1 | | |

General Education Requirements: (At least one course in each area must be taken)

| School Taken | Term Taken | Course Name | Credit | Complete | Grade |
|---|------------|---|-----------|----------|-------|
| | | Math, Science or Computer Science <i>Recommended:</i> BIOL 115 Concepts of Anatomy & Physiology L/L | | | |
| | | Communication <i>Recommended:</i> COMM 212 Interpersonal Communication | | | |
| | | Wellness <i>Recommended:</i> HPER 210 First Aid & CPR (current CPR card required for ND massage license) OR NUTR 222 Contemporary Nutrition | | | |
| | | Humanities or Social Science | | | |
| Total General Education Credits: | | | 15 | | |

Program Requirements: Must be admitted into the Massage Therapy Program.

Semester 1 (Fall) and Semester 2 (Spring): (General Education & Campus Requirements must be taken in the first year)

| School Taken | Term Taken | Course Name | Credit | Complete | Grade |
|-----------------------|------------|--|--------|----------|-------|
| | | AH 171 Medical Terminology | 3 | | |
| | | MASG 101 Intro to Massage Therapy | 2 | | |
| | | NUTR 222 Contemporary Nutrition OR NUTR 230 Herbs & Supplements | 3 | | |
| | | BUSN 120 Fundamentals of Business OR BADM 251 Personal Finance | 3 | | |
| | | General Education & Campus Requirements (see above) | 16 | | |
| | | Electives* | | | |
| Total Credits: | | | | | |



***Massage Elective Courses**

| | | |
|--|--|--|
| ACCT 102 Fundamentals of Accounting - 3 | COMM 212 Interpersonal Communication - 3 | PSYC 111 Intro to Psychology - 3 |
| BADM 251 Personal Finance - 3 | COMM 216 Intercultural Communication - 3 | PSYC 270 Abnormal Psychology - 3 |
| BADM 291 Career Seminar - 3 | HPER 210 First Aid & CPR - 1 | HPER 101 Activity: Introductory Level (yoga) - 1 |
| BUSN 120 Fundamentals of Business - 3 | NUTR 222 Contemporary Nutrition - 3 | |
| COMM 110 Fundamentals of Public Speaking - 3 | NUTR 230 Herbs & Supplements - 3 | |

Semester 3 (Fall):

| School Taken | Term Taken | Course Name | Credit | Complete | Grade |
|--------------|------------|------------------------------------|-------------|----------|-------|
| | | AH 130 Pathology for Allied Health | 3 | | |
| | | AH 260 Kinesiology I | 3 | | |
| | | MASG 120 Swedish Massage I | 3 | | |
| | | MASG 121 Massage Clinical I | 1.5 | | |
| | | MASG 150 Myokinesiology I | 3 | | |
| | | MASG 160 Business Topics | 3 | | |
| | | Total Credits: | 16.5 | | |

Semester 4 (Spring):

| School Taken | Term Taken | Course Name | Credit | Complete | Grade |
|--------------|------------|--------------------------------------|-----------|----------|-------|
| | | AH 261 Kinesiology II | 3 | | |
| | | MASG 220 Swedish Massage II | 3 | | |
| | | MASG 221 Massage Clinical II | 3 | | |
| | | MASG 240 The Business of Massage | 2 | | |
| | | MASG 250 Myokinesiology II | 3 | | |
| | | MASG 260 Advanced Massage Techniques | 4 | | |
| | | Total Credits: | 18 | | |

COMMENTS AND RECOMMENDATIONS