



ASSOCIATE OF APPLIED SCIENCE (AAS)

MASSAGE THERAPY

Minimum required credits for AAS: 62

LAST NAME		FIRST NAME		STUDENT ID
DATE	MAJOR		ADVISOR	

Campus Requirement:

School Taken	Term Taken	Course Name	Credit	Complete	Grade
		UNIV 100 College Strategies or 101 College Transitions	1		
Total Credits:			1		

General Education Requirements: (At least one course in each area must be taken)

School Taken	Term Taken	Course Name	Credit	Complete	Grade
		Math, Science or Computer Science <i>Recommended:</i> BIOL 115 Concepts of Anatomy & Physiology L/L			
		Communication <i>Recommended:</i> COMM 212 Interpersonal Communication			
		Wellness <i>Recommended:</i> HPER 210 First Aid & CPR (current CPR card required for ND massage license) OR NUTR 222 Contemporary Nutrition			
		Humanities or Social Science			
Total General Education Credits:			15		

Program Requirements: Must be admitted into the Massage Therapy Program.

Semester 1 (Fall) and Semester 2 (Spring): (General Education & Campus Requirements must be taken in the first year)

School Taken	Term Taken	Course Name	Credit	Complete	Grade
		AH 171 Medical Terminology	3		
		MASG 101 Intro to Massage Therapy	2		
		NUTR 222 Contemporary Nutrition OR NUTR 230 Herbs & Supplements	3		



		BUSN 120 Fundamentals of Business OR BADM 251 Personal Finance	3		
		General Education & Campus Requirements (see above)	16		
		Electives*			
		Total Credits:			

***Massage Elective Courses**

ACCT 102 Fundamentals of Accounting - 3	COMM 212 Interpersonal Communication - 3	PSYC 111 Intro to Psychology - 3
BADM 251 Personal Finance - 3	COMM 216 Intercultural Communication - 3	PSYC 270 Abnormal Psychology - 3
BADM 291 Career Seminar - 3	HPER 210 First Aid & CPR - 1	HPER 101 Activity: Introductory Level (yoga) - 1
BUSN 120 Fundamentals of Business - 3	NUTR 222 Contemporary Nutrition - 3	
COMM 110 Fundamentals of Public Speaking - 3	NUTR 230 Herbs & Supplements - 3	

Semester 3 (Fall):

School Taken	Term Taken	Course Name	Credit	Complete	Grade
		AH 130 Pathology for Allied Health	3		
		AH 260 Kinesiology I	3		
		MASG 120 Swedish Massage I	3		
		MASG 121 Massage Clinical I	1.5		
		MASG 150 Myokinesiology I	3		
		MASG 160 Business Topics	3		
		Total Credits:	16.5		

Semester 4 (Spring):

School Taken	Term Taken	Course Name	Credit	Complete	Grade
		AH 261 Kinesiology II	3		
		MASG 220 Swedish Massage II	3		
		MASG 221 Massage Clinical II	3		
		MASG 240 The Business of Massage	2		
		MASG 250 Myokinesiology II	3		
		MASG 260 Advanced Massage Techniques	4		
		Total Credits:	18		

COMMENTS AND RECOMMENDATIONS