

TETON WOW

[ACADEMIC ORIENTATION]

Understanding Academics

Kate Hoffman, Registrar

- Importance of dates and deadlines
- Resources for success

Blackboard/Email/IT

Katie Peterson, Director for Extended Learning

- Log-ins
- Phone access/apps
- IT services, wi-fi
- Help desk

Health & Wellness

Leah Hoffman, Mental Health Counselor

- Stress management
- Counseling services
- Wellness Wheel
- ARC membership

Healthy Academic Habits

Amy Armstrong, Retention Specialist

- Personal organization
- Time management
- Team building



Stevens 114, 116, 209 & 211

Prepare for success!

Get **need-to-know** information and meet your new classmates.

Don't miss out!

Questions?

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